

Episode 76: The 4 Stages of Building a Successful SLP Private Practice Business: REAL Talk Series

Quote of the Conversation

During our second interview with private practice owner Jamey Schrier, he speaks on the topic of time management and dives into how SLPs can schedule their work more efficiently. He explains his “Stages of Private Practice,” strategy for making the most of his time, and wisdom for scaling up a business.

“Time cannot be managed. Time is time. Kings and queens have the same amount of time. Billionaires have the same amount of time. Oprah has the same amount of time as you and me. We all have the same amount of time. It does not change. What changes is how we choose to use our time — or, as the term says, how we manage our time.”

-Jamey Schrier, P.T.

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Physical Therapist and Private Practice Owner

Discussion & Reflection Questions

1. What are the “Stages of Private Practice” you use to think about business?
2. What is your definition of time management?
3. How do you use flow in order to optimize your scheduling?
4. Would you say time management is one of the biggest problems business owners face today?
5. How do you shift your mindset to better streamline your schedule and take advantage of your time?
6. What advice do you have for business owners looking to take the leap and level up their private practice?

Hi, I’m Jamey Schrier. Welcome... if you’re here, I imagine that you may be a bit frustrated or worried... or both.... Frustrated with •

the inconsistency of new patient • the unreliability of visits • the shock of declining reimbursements • the utter ridiculousness of third party payors
 Worried about • money • competition • employees • the long hours • I’ve helped hundreds of physical therapy, occupational therapy, and other practice owners build highly successful businesses and create



financial security without working more hours.

Together we can regain the business you’ve longed for. Together we can infuse the passion and love back into your business and your life.

Keep the Conversation Going

Thank you for listening to *The Missing Link for SLPs* podcast! **If you enjoyed the show, I'd love you to subscribe, rate it and leave a short review.** Also, please share an episode with a friend. Together we can raise awareness and help more SLPs find and connect those missing links to help them feel confident in their patient care every step of the way.

Follow me on [Instagram](#), join the Fresh SLP community on [Facebook](#) or learn more at

[FreshSLP.com](#). Let's make those connections. You got this!

*Do you have a question you'd like answered on the show?
Interested in sharing your experience as an SLP with our audience?*

Send a message to Mattie@FreshSLP.com!

Not a substitute for a formal SLP education or medical advice for patients/caregivers

