

Episode 70: 4 Tips for Preventing Burnout as a Medical SLP (A Day in the Life of a Medical SLP Series)

Meet Jenni Provda, an acute care speech-language pathologist who works in a hospital setting. Jenni shares her SLP origin story, what her typical day looks like, the rewards and challenges of working in her setting, and advice for new SLPs hoping to break into acute care.

Discussion & Reflection Questions

1. Tell us a little bit about who you are and where you work.
2. Did you always want to become a medical SLP? How did you get started in that field?
3. What does a typical day working in the acute care unit look like?
4. What are the top etiologies that you see or disorders that you treat?
5. Can you describe to us what a COVID patient is like? What do you look for?
6. What are the challenges of working in an acute care setting? The rewards?
7. Do you have any networking advice for recent grads and new SLPs?
8. What advice do you have for new or transitioning SLP that someone may not agree with?

Quotes of the Conversation

"And it's so hard because, when you've been doing this for years, you forget about the small wins, right? You forget about the smallest things that happen. And we experience a lot of loss in acute care. It's a really hard thing to do. There are days where all you're experiencing is loss and you don't have those wins. And you have to remember that those wins did happen."

-Jenni Provda, CCC-SLP

Jenni Provda, CCC-SLP



Acute Care Speech-Language Pathologist

Jenni graduated from The College of New Jersey in 2008 with an MA in Speech-Language Pathology. This is a second career for her. She also has a Master's Degree in Organizational Psychology. She has worked as a medical SLP since graduating. During her CFY, Jenni covered both inpatients and outpatients. She saw only adults on the inpatient side and adults and children in the outpatient clinic. Shortly after her CFY, Jenni transitioned to a strictly inpatient role, although she sees outpatients for video swallow studies. Currently, she is based out of Camden, New Jersey. The hospital she is working out of is a neurosurgery center, so her role has a neurological focus although she sees many different disorders. Jenni also functions as a clinical expert for her hospital system, which comprises five community hospitals. On the personal side, she is married with two sons and a new puppy. Jenni serves on the Board of Trustees of the

Jewish Federation of Southern New Jersey and on the board of a local school. She also volunteers her time at a local animal rescue.

Get in Touch With Jenni Provda!

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Keep the Conversation Going

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